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FOR IMMEDIATE RELEASE

Orlando, FL (September 23, 2009) – The *FSPA High School Invitational Swimming and Diving Meet* is making its annual appearance in Orlando. The meet will take place October 9-10 at the YMCA Aquatic Center. This is the 32nd year of this meet and the Florida Swimming Pool Association expects to have attendance from nearly 80 Florida high schools. As the largest event of its kind in the southeastern United States, over 2,000 athletes and 750 spectators are anticipated.

This event is unique because of its open-class format. Athletes from all over Florida are competing against each other regardless of school size and get to see how they really match up. The meet is sanctioned by the Florida High School Athletic Association (FHSAA) and observed by USA Swimming. Having times sanctioned and observed is important for students planning to swim at a higher level.

The *Developmental Meet* is Friday, October 9 at 4:00 p.m. Newer swimmers get a chance to stand out in the sport and experience the excitement of the competition by participating in this meet.

Saturday, October 10 is the *Invitational Meet* where swimmers must have qualifying times to participate. Preliminaries are at 8:30 a.m., the men's diving competition is at 10:30 a.m., the women's diving competition is at 2:30 p.m. and the swimming championship finals are at 6:00 p.m.

The *FSPA High School Invitational Swimming and Diving Meet* is presented by the Florida Swimming Pool Association to benefit the Swimming Pool Safety and Education Foundation. Support from the swimming pool industry through volunteers and sponsorships helps to make this one of the most exciting and fulfilling events the FSPA supports. This year's host school, Boone High School, will also provide volunteers for this two-day event.

Shelly Grundhoffer, FSPA 2008 swim meet chairperson, said, "Volunteering at the swim meet is a blast. From when the horn blows to start the race to the splash as the swimmers enter the pool to the click of the stop watch when your swimmer is done, I have a really good time."

The Florida Swimming Pool Association is a trade association for the pool and spa industry in Florida. There are approximately 550 member businesses in 16 Chapters across the state. Members are required to abide by a code of ethics and to be properly licensed and insured. FSPA provides the industry with access to continuing education courses, information on current trends and issues, an arbitration program and government relations representation. FSPA is governed by a Board of Directors.

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